

January-February 2013

C. Academic Impacts

Within the last 12 months, students reported the following factors affecting their individual academic performance, defined as: received a lower grade on an exam, or an important project; received a lower grade in the course; received an incomplete or dropped the course; or experienced a significant disruption in thesis, dissertation, research, or practicum work; (listed alphabetically):

Alcohol use:	3.9 %	Gambling:	0.0 %
Allergies:	1.3 %	Homesickness:	3.0 %
Anxiety:	14.9 %	Injury:	0.5 %
Assault (physical):	0.5 %	Internet use/computer games:	12.0 %
Assault (sexual):	1.3 %	Learning disability:	1.8 %
Attention Deficit/Hyperactivity Disorder:	2.5 %	Participation in extracurricular activities:	7.2 %
Cold/Flu/Sore throat:	8.6 %	Pregnancy (yours or partner's):	0.0 %
Concern for a troubled friend or family member:	6.4 %	Relationship difficulties:	8.0 %
Chronic health problem or serious illness:	1.1 %	Roommate difficulties:	5.9 %
Chronic pain:	1.3 %	Sexually transmitted disease/ infection (STD/I):	0.0 %
Death of a friend or family member:	3.2 %	Sinus infection/Ear infection/ Bronchitis/Strep throat:	3.4 %
Depression:	7.4 %	Sleep difficulties:	14.0 %
Discrimination:	0.5 %	Stress:	21.9 %
Drug use:	0.4 %	Work:	9.8 %
Eating disorder/problem:	0.7 %	Other:	0.9 %
Finances:	3.9 %		

E. Alcohol, Tobacco, and Other Drug Use

Reported use versus perceived use - reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Alcohol	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		24.0	20.8	21.4	0.0	0.9	0.7
Used, but not in the last 30 days		13.2	11.2	11.7	0.8	1.2	1.1
Used 1-9 days		48.8	59.8	57.3	47.9	38.8	41.1
Used 10-29 days		14.0	7.9	9.4	45.5	50.5	49.0
Used all 30 days		0.0	0.2	0.2	5.8	8.6	8.1
<i>Any use within the last 30 days</i>		62.8	68.0	66.8	99.2	97.9	98.2

Cigarette	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		66.9	82.0	78.4	9.9	4.9	5.9
Used, but not in the last 30 days		19.0	12.9	14.5	19.8	16.0	17.4
Used 1-9 days		9.1	3.0	4.5	48.8	47.2	47.4
Used 10-29 days		2.5	0.7	1.1	13.2	18.8	17.4
Used all 30 days		2.5	1.4	1.6	8.3	13.2	12.0
<i>Any use within the last 30 days</i>		14.0	5.1	7.1	70.2	79.2	76.7

Marijuana	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		63.6	78.1	74.9	10.8	6.5	7.4
Used, but not in the last 30 days		24.0	16.4	18.2	15.8	14.4	14.9
Used 1-9 days		9.1	4.8	5.7	53.3	55.5	54.8
Used 10-29 days		3.3	0.7	1.2	18.3	21.1	20.5
Used all 30 days		0.0	0.0	0.0	1.7	2.6	2.5
<i>Any use within the last 30 days</i>		12.4	5.5	7.0	73.3	79.1	77.7

Tobacco from a water pipe (hookah)	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		54.5	78.5	73.2	12.4	11.0	11.3
Used, but not in the last 30 days		32.2	18.5	21.6	26.4	18.4	20.7
Used 1-9 days		12.4	2.8	4.8	52.9	56.2	55.0
Used 10-29 days		0.8	0.2	0.4	7.4	11.7	10.6
Used all 30 days		0.0	0.0	0.0	0.8	2.8	2.3
<i>Any use within the last 30 days</i>		13.2	3.0	5.2	61.2	70.6	68.0

All other drugs combined*	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		48.8	76.7	70.4	9.1	6.5	7.0
Used, but not in the last 30 days		29.8	18.2	21.0	15.7	15.9	16.3
Used 1-9 days		18.2	4.4	7.3	53.7	47.3	48.6
Used 10-29 days		1.7	0.2	0.5	17.4	20.3	19.5
Used all 30 days		1.7	0.5	0.7	4.1	9.9	8.8
<i>Any use within the last 30 days</i>		21.5	5.1	8.6	75.2	77.6	76.8

* Includes cigars, smokeless tobacco, cocaine, methamphetamine, other amphetamines, sedatives, hallucinogens, anabolic steroids, opiates, inhalants, MDMA, other club drugs, other illegal drugs. (Excludes alcohol, cigarettes, tobacco from a water pipe, and marijuana).

■ 5.3 % of college students reported driving after having *5 or more drinks* in the last 30 days.*

■ 28.0 % of college students reported driving after having *any alcohol* in the last 30 days.*

*Students responding "N/A, don't drive" and "N/A don't drink" were excluded from this analysis.

Estimated Blood Alcohol Concentration (or eBAC) of college students reporting 1 or more drinks the last time they "partied" or socialized. **Students reporting 0 drinks were excluded from the analysis.** Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they "partied" or socialized, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism.

Estimated BAC	Percent (%)	Male	Female	Total
< .08		57.8	63.3	62.1
< .10		62.7	70.6	68.9
Mean		0.09	0.07	0.07
Median		0.07	0.05	0.05
Std Dev		0.09	0.07	0.07

Reported number of drinks consumed the last time students "partied" or socialized. Only students reporting one or more drinks were included.

Number of drinks*	Percent (%)	Male	Female	Total
4 or fewer		32.5	56.9	51.9
5		13.3	12.5	12.5
6		8.4	7.3	7.7
7 or more		45.8	23.3	27.9
Mean		7.40	4.51	5.10
Median		6.00	4.00	4.00
Std Dev		4.62	2.89	3.52

* Students reporting 0 drinks were excluded.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Percent (%)	Male	Female	Total
N/A don't drink		28.1	24.4	25.1
None		23.1	41.9	37.8
1-2 times		30.6	25.3	26.6
3-5 times		15.7	7.8	9.6
6 or more times		2.5	0.5	0.9

Percent of college students who reported using prescription drugs that were not prescribed to them within the last 12 months:

	Percent (%)	Male	Female	Total
Antidepressants		4.1	2.3	2.7
Erectile dysfunction drugs		1.7	0.5	0.7
Pain killers		6.6	3.2	3.9
Sedatives		2.5	1.6	1.8
Stimulants		8.3	3.5	4.5
<i>Used 1 or more of the above</i>		12.4	7.4	8.4

College students reported doing the following *most of the time* or *always* when they "partied" or socialized during the last 12 months:*

	<i>Percent (%)</i>	Male	Female	Total
Alternate non-alcoholic with alcoholic beverages		18.6	22.3	21.5
Avoid drinking games		22.7	31.5	29.5
Choose not to drink alcohol		25.3	29.2	28.5
Determine in advance not to exceed a set number of drinks		26.4	35.2	33.3
Eat before and/or during drinking		72.7	82.4	80.3
Have a friend let you know when you have had enough		22.4	42.0	38.3
Keep track of how many drinks being consumed		56.5	62.6	61.0
Pace drinks to one or fewer an hour		14.9	35.0	30.7
Stay with the same group of friends the entire time drinking		83.0	90.8	89.0
Stick with only one kind of alcohol when drinking		54.0	52.7	53.0
Use a designated driver		88.4	91.5	90.7
<i>Reported one or more of the above</i>		96.7	99.7	99.1

*Students responding "N/A, don't drink" were excluded from this analysis.

College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:*

	<i>Percent (%)</i>	Male	Female	Total
Did something you later regretted		49.4	43.1	44.3
Forgot where you were or what you did		37.9	35.5	36.1
Got in trouble with the police		5.7	2.2	2.9
Someone had sex with me without my consent		1.1	2.8	2.4
Had sex with someone without their consent		0.0	0.3	0.2
Had unprotected sex		18.2	18.4	18.4
Physically injured yourself		17.2	13.1	14.1
Physically injured another person		2.3	2.1	2.2
Seriously considered suicide		1.1	1.2	1.2
<i>Reported one or more of the above</i>		60.2	54.1	55.4

*Students responding "N/A, don't drink" were excluded from this analysis.

Demographics and Student Characteristics

■ Age:

Average age:	20.25 years
Median:	20.00 years
Std Dev:	1.60 years

18 - 20 years:	61.4 %
21 - 24 years:	36.8 %
25 - 29 years:	1.8 %
30+ years:	0.0 %

■ Gender*

Female:	77.4 %
Male:	21.6 %
Transgender:	0.2 %

■ Student status:

1st year undergraduate:	22.1 %
2nd year undergraduate:	26.4 %
3rd year undergraduate:	23.5 %
4th year undergraduate:	16.8 %
5th year or more undergraduate:	2.7 %
Graduate or professional:	8.5 %
Not seeking a degree:	0.0 %
Other:	0.0 %

Full-time student:	98.7 %
Part-time student:	1.1 %
Other student:	0.2 %

■ Relationship status:

Not in a relationship:	48.9 %
In a relationship but not living together:	42.1 %
In a relationship and living together:	9.0 %

■ Marital status:

Single:	95.5 %
Married/Partnered:	2.5 %
Separated:	0.0 %
Divorced:	0.0 %
Other:	2.0 %

■ Students describe themselves as:

White:	95.9 %
Black or African American:	1.2 %
Hispanic or Latino/a:	1.4 %
Asian or Pacific Islander:	1.1 %
American Indian, Alaskan Native or Native Hawaiian:	1.6 %
Biracial or Multiracial:	1.1 %
Other:	0.7 %

■ International Student:

International:	5.1 %
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■ Students describe themselves as:

Heterosexual:	96.2 %
Gay/Lesbian:	1.4 %
Bisexual:	1.6 %
Unsure:	0.7 %

■ Housing:

Campus residence hall:	54.9 %
Fraternity or sorority house:	1.4 %
Other university housing:	5.7 %
Parent/guardian home:	3.6 %
Other off-campus housing:	33.4 %
Other:	0.9 %

■ Participated in organized college athletics:

Varsity:	4.5 %
Club sports:	8.7 %
Intramurals:	23.3 %

■ Member of a social fraternity or sorority:

Greek member:	9.9 %
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■ Primary Source of Health Insurance:

College/university sponsored plan:	3.6 %
Parents' plan:	90.1 %
Another plan:	3.2 %
Don't have health insurance:	2.5 %
Not sure if have plan:	0.5 %

* Cases where sex is missing are included in the calculation of percentages for this variable